(c) Yes, Sir. Central Board of Film Centification while certifying films for public exhibition are guided by the principles enumerated in Section 5-B of the Cinematograph Act, 1952 and the guidelines issued by the Government in exercise of the powers conferred by sub-section 2 of Section 5-B of the said Act. A copy of these guidelines is enclosed. [*vide* Unstarred Question 167 supra]

Usefulness of Aspirin in containing heart attacks

213. SHRIMATI KRISHNA KAUL: Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether Government's attention has been drawn to a news item that appeared in the Hindustan Times' dated the 28th January, 1988 under the caption 'Aspirin cuts risk of heart attacks' wherein it has been stated according to a research conducted in the U.S. that risk of heart attacks is cut to half if one aspirin is taken every day; and

(b) if so, the reaction of Government in this regard?

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (KUMARI SAROJ KHAPARDE): (a) Yes, Sir.

(b) The suggested dosage is about half a tablet of Aspirin per day or atleast a tablet on alternative days. Aspirin is contra indicated in any beleeding disorder.

Curriculum in Primary School

214. SHRIMATI KRISHNA KAUL: Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether Government propose to reduce the number of subjects taught in primary schools in the country; and

(b) if so, the details thereof?

THE MINISTER OF STATE IN THE DEPARTMENTS OF EDUCATION AND CULTURE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (SHRI L. P. SHAHI): (a) and (b) The N.C.E.R.T. has specified the subjects that should be taught at primary level in the 'National Curriculum or Primary and Secondary Education-A Framework'. There is no proposal to reduce the number of these subjects.

Methi Seeds Helpful in reducing the Diabetes

215. SHRIMATI KRISHNA KAUL: Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether it is a fact that according to investigations conducted by National Institute of Nutrition Hyderabad Methi (Fenugreek) seeds have been found beneficial for checking diabetes; and

(b) if so the details thereof and the steps taken to promote its use?

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (KUMARI SAROJ KHAPARDE): (a) Yes, Sir.

(b) The studies conducted by National Institute of Nutrition, Hyderabad, indicate that Methi (Fenugreek) seeds are beneficial in the management of diabetes. The studies indicate that ingestion of fenugreek seeds tend to lower blood glucose serum cholestrol and triglyceride levels in diabetes individuals. Clinical system like polyurea, excess hunger and thirst also are reduced.

To begin with, 25 grams Fenugreek seeds may be taken in 2 equal doses of 12.5 grams each alongwith lunch and dinner. They can be added to Chapati, Rice, Dal; Vegetable or Chutteny and make salty or sour according to taste. The seeds can also be taken as such or in powder form in drinking water or in butter milk 15 minutes before the meal.

A popular article on diabetes mellitus and Fenugreek seed was pub-

lished by the NIN in its publication titled 'Nutrition News' of May, 1987 and an explanatory note was given in its July, 1987 issue. This article was given pulicity by the PTI, Radio and Television.

Energy Conservation in Transport Sector

216. SHRIMATI KRISHNA KAUL: Will the Minister of SURFACE TRANSPORT be pleased to state:

(a) whether Government have prepared an action plan for energy conservation in transport sector; and

(b) if so, the details thereof?

THE MINISTER OF STATE OF THE MINISTRY OF SURFACE TRANSPORT (SHRI RAJESH PILOT): (a) and (b) The action plan for energy conservation in road transport sector covers fixation of quarterly targets by each State Transport Undertaking to achieve on an average 5 K.Meters a litre through measures of ensuring better maintenance practices, organising appropriate training courses for the drive, fitment of speed control devices and also phase-wise induction of buses with reduced weights and improvement in bus-body design and instituting incentive schemes to motivate the crew and maintenance personnel for achieving higher level of efficiency.

Achievements with reference to the targets fixed by each of the STUs are to be monitored in a specially constituted Cell in the CIRT, Pune. Besides monitoring the performance, the Cell helps in the transfer of practices adopted by better transport undertakings to the others.

The plan of action also includes arranging by Petroleum Conservation Research Association, special clinics targetted at private operators for imparting appropriate driving and maintenance practices designed to promote fuel conservation.

Festivals of India in Foreign Countries

217. SHRI J. P. GOYAL: Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) how many Festivals of India have been held in Foreign countries so far and what are the names of the countries where such festivals were held and the expenditure incurred by Government on each of these festivals; and

(b) what according to the assessment, if any, has been the country's material gains in changing the country's image from the old one of exotica and in bringing awareness of the contemporary Indian culture in the fields of art, theatre, sculpture and literature and the development of science and technology?

THE MINISTER OF STATE IN THE DEPARTMENTS OF EDUCATION AND CULTURE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (SHRI L. P. SHAHI): (a) Festivals of India have been held in five countries, *viz.*, U.K. USA., France, Sweden and USSR. Of these, Festivals of India in USSR is still underway. The expenditure incurred on each of these festivals is as under:—

Festival of India in U.K. . . .	Rs. 1,76,85,456·26
Festival of India In USA and France .	Rs. 10.74.90.757·00 (31-3-1986)
Indian Manifestation in Sweden	Rs. 66,48,814·00 (approx.)
Festival of India in USSR . .	Rs. 8,50.00,000·00 (approx.)

(b) The Festivals of India have created a significant awareness of not only the Indian Cultural Heritage, but also its contemporary history, art and development and achievements. These have opened opportunities for mutual exchanges with these countries in various spheres on a more permanent footing, since they have brought to